



ADYAMAN UNIVERSITY

FACULTY OF SPORTS SCIENCES

PHYSICAL EDUCATION AND SPORTS TEACHING
DEPARTMENT

INTRODUCTORY CATALOG

2026-2027

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About Department

Sport is truly an intense effort to increase the power of achievement and maximize personal accomplishment. It involves the goal of expanding success and excelling in competition. This requires selecting those with greater physical aptitude, and those selected must be trained continuously and intensively.

We believe that our prospective teachers, equipped with pedagogical training, will contribute to the development of healthy communities by introducing the scientific and social aspects of sports to a wider audience and fostering a love for them. With the help of educational information and technology, I am confident that sports will find its true place in sports even more meaningfully. Sports science is the only field that is interconnected with all branches of science. Indeed, all fields of human interest are relevant to sports science. The Department of Physical Education and Sports Teaching, established within the School of Physical Education and Sports at Adıyaman University, is poised to train the best teachers with its distinguished faculty. All of its objectives and standards have been developed with this in mind.

MISSION AND VISION

Mission (Self-Duty)

To cultivate individuals who respect human values and contribute to social development by sharing knowledge gained through research. The fundamental mission of the Physical Education and Sports Teaching Department is to train contemporary teacher candidates who are experts in their fields, follow current developments and reflect this in their field practices, and embrace universal values. Through graduate programs, the department aims to cultivate well-equipped and dynamic researchers and scientists who can conduct effective research in their field and establish interdisciplinary relationships. Another mission of the department is to undertake activities that will shape the field through national and international studies conducted by academic staff and students.

Vision (Self-Opinion)

To be a university that produces and shares knowledge, is preferred in its region, is barrier-free, environmentally friendly, and creates value. Our faculty conducts scientific research in sports, exercise, education, and health through basic and applied research. We cultivate faculty with the knowledge, attitudes, and skills necessary to provide quality education to our students and provide beneficial services to society, professional groups, and the university.

About The Physical Education and Sports Teaching Department

The Physical Education and Sports Teaching Department trains qualified physical education and sports teachers, a field our country desperately needs in sports. Graduates will be able to work in preschools, primary schools, secondary schools, and equivalent schools affiliated with the Ministry of National Education; in the central and provincial organizations of the Directorate of Youth and Sports; in the education and implementation of sports activities for people with disabilities; and in the organization and implementation of activities within our social life that promote healthy living. The program includes courses and practical applications in General Knowledge, Sports Field Knowledge, and Teaching Profession.

Career Opportunities

Graduates of the Physical Education and Sports Teaching Department can work as physical education and sports teachers in primary, secondary, and high schools after passing the Ministry of National Education exams. They can also work as coaches in private schools, sports clubs, gyms, or fitness centers. They can also participate in sports organizations and events. Graduates of the Physical Education and Sports Teaching Department can also contribute to the sector by conducting research on sports education and training techniques, physical education program development, and sports management and organization. They can also conduct research on healthy living and nutrition, raising public awareness.

Erasmus+

The Faculty of Sports Sciences at Adıyaman University is committed to fostering internationalization by encouraging students to gain global experience, become familiar with different higher education systems, and develop intercultural competencies through the Erasmus+ Programme. Within the scope of Erasmus+ study and traineeship mobility, our Faculty provides students with the opportunity to pursue part of their education abroad and continue their academic development in an international environment. Participating in Erasmus+ enables our students to improve their foreign language proficiency, experience diverse sporting cultures, establish international academic networks, and develop a global perspective. The Faculty of Sports Sciences currently maintains Erasmus+ inter-institutional agreements with the following higher education institutions:

Portugal-Instituto Politécnico de Beja University of Beira Interior

Poland- Józef Piłsudski University of Physical Education in Warsaw

Croatia-Libertas International University

Romania-Constantin Brâncuși University of Târgu Jiu

Recognizing internationalization as one of its strategic priorities, the Faculty continues to expand its Erasmus+ partnership network while promoting greater participation of both students and academic staff in international mobility programmes. Through these initiatives, the Faculty aims to strengthen its global engagement and contribute to the development of internationally competent graduates.

Curriculum

1st YEAR	AUTUMN	ATATURK'S PRINCIPLES AND REVOLUTION HISTORY I FUNDAMENTALS OF PHYSICAL EDUCATION AND SPORTS HUMAN ANATOMY AND KINESIOLOGY MOVEMENT TRAINING INTRODUCTION TO EDUCATION SOCIOLOGY OF EDUCATION INFORMATION TECHNOLOGIES TURKISH LANGUAGE I FOREIGN LANGUAGE I
	SPRING	ATATURK'S PRINCIPLES AND REVOLUTION HISTORY II HEALTH INFORMATION AND FIRST AID GYMNASTICS ATHLETICS I EDUCATIONAL PSYCHOLOGY TURKISH LANGUAGE II FOREIGN LANGUAGE II TEAM SPORTS (1 COURSE TO BE SELECTED)
2nd YEAR	AUTUMN	APPROACHES TO LEARNING AND TEACHING IN PHYSICAL EDUCATION AND SPORTS MOTOR DEVELOPMENT COMMUNITY SERVICE PRACTICES TEACHING TECHNOLOGIES TEACHING PRINCIPLES AND METHODS ELECTIVE FIELD EDUCATION (1 COURSE TO BE SELECTED) ELECTIVE GENERAL CULTURE (1 COURSE TO BE SELECTED) ELECTIVE PROFESSIONAL INFORMATION (1 COURSE TO BE SELECTED) TEAM SPORTS 2 (1 COURSE TO BE SELECTED)
	SPRING	EXERCISE PHYSIOLOGY PHYSICAL EDUCATION AND SPORTS EDUCATION PROGRAMS RHYTHM EDUCATION AND DANCE HISTORY OF TURKISH EDUCATION RESEARCH METHODS IN EDUCATION TABLE TENNIS JUDO MOUNTAINEERING CHESS ELECTIVE FIELD EDUCATION COURSE (1 COURSE TO BE SELECTED) ELECTIVE GENERAL CULTURE COURSE (1 COURSE TO BE SELECTED) ELECTIVE VOCATIONAL COURSE (1 COURSE TO BE SELECTED)
3rd YEAR	AUTUMN	TRAINING INFORMATION PHYSICAL EDUCATION AND SPORTS TEACHING SWIMMING MORALS AND ETHICS IN EDUCATION CLASSROOM MANAGEMENT ELECTIVE FIELD EDUCATION I (1 COURSE TO BE SELECTED) ELECTIVE FIELD EDUCATION II (1 COURSE TO BE SELECTED) ELECTIVE GENERAL CULTURE EDUCATION (1 COURSE TO BE SELECTED) ELECTIVE PROFESSIONAL INFORMATION (1 COURSE TO BE SELECTED)

	SPRING	SKILLS LEARNING OUTDOOR SPORTS PHYSICAL FITNESS RACKET SPORT MEASUREMENT AND EVALUATION IN EDUCATION TURKISH EDUCATION SYSTEM AND SCHOOL ADMINISTRATION ELECTIVE FIELD EDUCATION (1 COURSE TO BE SELECTED) ELECTIVE GENERAL CULTURE COURSE (1 COURSE TO BE SELECTED) ELECTIVE PROFESSIONAL INFORMATION (1 COURSE TO BE SELECTED)
4th YEAR	AUTUMN	EDUCATIONAL GAMES FOLK DANCES I EXERCISE AND NUTRITION SPECIAL EDUCATION AND INCLUSIVE TEACHING PRACTICE I ELECTIVE FIELD EDUCATION COURSE (1 COURSE TO BE SELECTED) ELECTIVE VOCATIONAL COURSE (1 COURSE TO BE SELECTED)
	SPRING	EXERCISE PROGRAMMING FOR HEALTHY LIFE ORGANIZATION AND MANAGEMENT IN PHYSICAL EDUCATION AND SPORTS FOOTBALL TEACHING METHODS TEACHING PRACTICE II GUIDANCE IN SCHOOLS ELECTIVE FIELD EDUCATION COURSE (1 COURSE TO BE SELECTED) ELECTIVE VOCATIONAL COURSE (1 COURSE TO BE SELECTED)

Activities

It possesses agile management competence that ensures the unit is future-ready by considering changes within the higher education ecosystem, global trends, national goals, and stakeholder expectations. It utilizes approaches such as change management, benchmarking, and innovation management to transform the unit in line with its goals, mission, and objectives for future adaptation, and strengthens institutional uniqueness.

The Department of Physical Education and Sports Teaching offers training in sports education and training. Students in this department study topics such as physical education, sports management, coaching, health sciences, physical activity, healthy living, and nutrition. Students in the Department of Physical Education and Sports Teaching receive comprehensive training in physical education and sports teaching. They are trained in topics such as physical education program development, sports education and training techniques, physical education and sports teaching methods, healthy living, and nutrition.

They also gain knowledge about sports management and organization. Graduates of the Physical Education and Sports Teaching Department can work as physical education and sports teachers in primary, secondary, and high schools after passing the Ministry of National Education exams. They can also work as coaches in private schools, sports clubs, gyms, or fitness centers. They can also participate in sports organizations and events. Graduates of the Physical Education and Sports Teaching Department can also contribute to the sector by conducting research on sports education and training techniques, physical education program development, and sports management and organization. They can also conduct research on healthy living and nutrition to raise public awareness.

The Faculty of Sports Sciences at Adiyaman University embraces a dynamic educational approach that aims to foster the academic, scientific, social, cultural, and athletic development of its students. Throughout the academic year, the Faculty organizes a wide range of activities, including conferences, seminars, workshops, social responsibility projects, sporting events, career development programs, scientific meetings, and student-centered initiatives. Committed to promoting a strong culture of research and innovation, the Faculty actively participates in TÜBİTAK projects and UNİDES (University Student Communities Cooperation and Support Program) projects, carrying out scientific and social responsibility

activities supported through these national funding schemes. These projects provide students with opportunities to develop research skills, project management competencies, entrepreneurship, leadership, and teamwork while contributing to innovative practices in the field of sports sciences. In addition, the Faculty regularly organizes scientific research activities, interdisciplinary academic events, quality assurance initiatives, Alumni Portal Information and Consultation Meetings, career planning programs, and various professional development activities designed to enhance students' academic and professional growth. To encourage students' social and personal development, faculty members serve as academic advisors to various student clubs within the university. Among these are the Electronic Sports Club, Sports Activities Club, and Sport for All Club, which organize seminars, training programs, tournaments, social responsibility projects, outdoor and recreational activities, and volunteer initiatives. Through these activities, students strengthen their professional knowledge while developing communication, leadership, teamwork, and organizational skills. With its practice-oriented educational philosophy extending beyond the classroom, the Faculty encourages students to engage in scientific research, social contribution, and lifelong learning. By providing a vibrant university environment rich in academic, social, cultural, and sporting opportunities, the Faculty equips its graduates with the knowledge, skills, and competencies required for successful professional careers in the field of sports sciences.

Academic Stuff

Assoc.Prof.Dr. Ümit YETİŞ – Head of Department

Assoc.Prof.Dr. Esra Bayrak AYAŞ

Assoc.Prof.Dr. Gamze MURATHAN

Asst.Prof.Dr. Hande İNAN

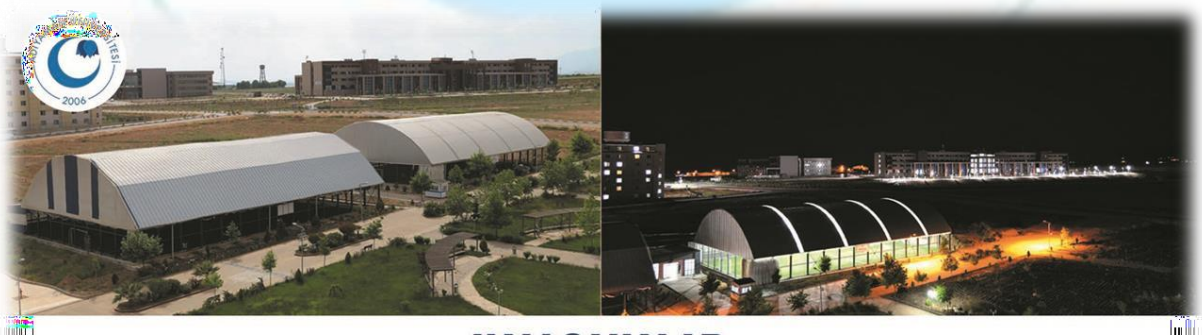
Asst.Prof.Dr. Sermet TOKTAŞ

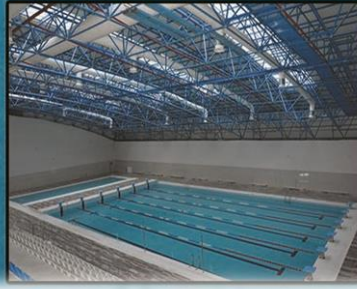
Asst.Prof.Dr. Murat YILMAZ



Class, Laboratory And Facilities

Our department education teaching activities our university Central classrooms building C block It is held in classrooms C412, C413, C416 on the 3rd floor.





Contact

Adiyaman University Faculty of Sports Sciences

Physical Education And Sports Teaching Department

Address: Adiyaman University Central Classrooms C Block 3. Floor Altinsehir / Adiyaman

TURKEY

Contact: +90 (416) 223 3800 Fax: +90 (416) 223 3809

Email: sporbilimleri@adiyaman.edu.tr

Web adress: <https://sporbilimleri.adiyaman.edu.tr/en>

